031. FIRST AID REQUIREMENTS AND EQUIPMENT

01. Scope: First aid requirements and equipment shall conform to all other applicable requirements of this standard, as well as the following provisions. Nothing in this standard shall be construed to prohibit better or otherwise safer conditions than specified herein. (7-1-00)

02. Definitions: For definitions of terms used in this section, see sub-section 010 of this standard. (7-1-97)

03. General Requirements: (7-1-97)

a. First aid kits shall be made available and accessible to all employees. (7-1-97)

b. Employees shall seek appropriate first aid or medical treatment immediately upon receiving an injury, even though it be minor. Employees shall report all injuries to their supervisor promptly. (7-1-97)

c. Suitable means of transportation shall be available in the event any employee is injured; said transportation to be equipped with appropriate facilities and first aid supplies. (7-1-97)

d. Every employer shall arrange suitable telephone or radio communication at the nearest reasonable point and shall work out a definite procedure to be followed in the event of serious injury to any employee. Instructions covering this procedure shall be made available to all employees/ work crews. When practicable, a poster shall be fastened and maintained either on or in the cover of each first aid cabinet, and at or near all phones, plainly stating the phone numbers of available doctors, hospital, and ambulance services within the district of the place of employment. Employees should be informed of the emergency telephone number 911 or other number as applicable. (7-1-97)

e. A sufficient number of employees and supervisors, such as foremen, assistant foremen, or persons in direct charge of crews, shall be trained in first aid treatment of injuries and cardiopulmonary-resuscitation (CPR) and shall hold a current, recognized first aid card. Any crew shall have at least a minimum of two (2) persons trained in first aid available at all times. First aid training is required for employees working with hazardous machinery or materials or as
crews at remote or isolated locations. Persons working where there is an emergency medical response capability are not required first aid training; however, it is recommended. (7-1-97)

f. When one (1) or more employees are exposed to remote or isolated jobs where first aid supplies, first aid stations and their equivalent are not readily accessible and available, employees shall have immediate accessibility to not less than a ten (10)-unit first aid kit. All state, city, and county vehicles shall have a first aid kit. (7-1-97)

g. All vehicles used for transporting employees shall be equipped with not less than a ten (10) unit first aid kit. When more than five (5) employees are being transported on any one trip, the kit shall be increased in size to comply with a sixteen (16), twenty-four (24), or thirty-six (36) unit kit, depending upon the number of personnel normally being transported. Exception: Administrative vehicles that are being operated within a 911 emergency calling area. (7-1-97)

h. The size and quantity of first aid kits required to be located at any work site shall be determined by the number of personnel normally dependent upon each kit as outlined in Table 031.03-A. Items are to be related to the possible hazards of the place of employment. (7-1-97)

<table>
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<th>TABLE 031.03-A</th>
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<td>FIRST AID KIT REQUIREMENTS</td>
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<td>No. of personnel normally assigned to the workplace</td>
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(7-1-97)
i. Employers shall establish a procedure to assure that first aid kits and required contents are maintained in a serviceable condition. (7-1-97)

j. First aid kits shall conform to the requirements of ANSI Standard Z308.1 and contain at least the following items or an approved equivalent. First aid kit contents may be substituted to meet unique job specific requirements when approved by a qualified person. (7-1-97)

k. First aid kits shall be regularly inspected to ensure completeness and to check the condition of the contents. (7-1-97)

l. Items other than first aid materials shall not be stored in the first aid kit. (7-1-97)

m. First aid kits shall be maintained at the ten (10), sixteen (16), twenty-four (24), or thirty six (36) unit level. (7-1-97)

n. Ten (10) package kit: one (1) package adhesive bandages, one inch (1") (sixteen (16) per package); one (1) package bandage compress, four (4) inch (one (1) per package); one (1) package scissors and tweezers (one (1) each per package); one (1) package triangular bandage, forty (40) inches (one (1) per package); one (1) package antiseptic soap or pads (three (3) per package); one (1) micro shield, one (1) pair latex gloves; four (4) packages of choice when approved by a qualified person. (7-1-97)

o. Sixteen (16) package kit: one (1) package absorbent gauze, twenty-four (24) inches x seventy-two (72) inches (one (1) per package); one (1) package adhesive bandages, one (1) inch (sixteen (16) per package); two (2) packages bandage compresses, four (4) inches (one (1) per package); one (1) package eye dressing (one (1) per package); one (1) package scissors and tweezers (one (1) each per package); two (2) packages triangular bandages, forty (40) inches (one (1) per package); one (1) package antiseptic soap or pads (three (3) per package); one (1) micro shield, one (1) pair latex gloves; six (6) packages of choice when approved by a qualified person. (7-1-97)

p. Twenty-four (24) package kit: two (2) packages absorbent gauze, twenty-four (24) inches x seventy-two (72) inches (one (1) per package); two (2) packages adhesive bandages, one (1) inch (sixteen (16) per package); two (2) packages bandage compresses, four (4) inches (one (1) per package); one (1) package eye dressing (one (1) per package); one (1) package scissors and tweezers (one (1) each per package); six (6) packages triangular bandages (one (1) per package); one (1) package antiseptic soap or pads (three (3) per package); one (1) micro shield, two (2) pair latex gloves; eight (8) packages of choice when approved by a qualified person. (7-1-97)

q. Thirty-six (36) package kit: four (4) packages absorbent gauze, twenty-four (24) inch x seventy-two inch (one (1) per package); two (2) packages adhesive bandages, one (1) inch (sixteen (16) per package); five (5) packages bandage compresses, four (4) inch (one (1) per package); two (2) packages eye dressing (one (1) per package); eight (8) packages triangular bandages, forty (40) inches (one (1) per package); one (1) package antiseptic soap or pads (three (3) per package); two (2) micro shields, three (3) pair latex gloves; one (1) package scissors and tweezers; eleven (11) packages of choice when approved by a qualified person. (7-1-97)
r. First aid kits shall be in metal or other sanitary containers. Such containers shall be so designed and so constructed as to be impervious to any existing conditions of weather, dust, dirt, or other foreign matter. Contents shall be sterile. (7-1-97)

s. Where the eyes or body of any person may be exposed to injurious chemicals and/or materials, suitable facilities for quick drenching or flushing of the eyes and body shall be provided, within the work areas, for emergency use. Each emergency shower location shall be identified with a highly visible sign. The area around the emergency shower shall be well-lighted and highly visible. Facilities for quick drenching or flushing shall meet the requirements of ANSI Standard Z358.1 and the first aid requirements of the chemicals or materials being used. (7-1-00)

t. The Industrial Commission and/or the Department may require the installation of a first aid room or first aid station on operations where a study of various factors involved indicates the need therefore. Factors to be considered are the number of employees employed, location and nature of the work being performed, and the availability of established medical facilities. (7-1-97)

u. First aid rooms and first aid stations shall be well lighted, ventilated; clean, and orderly. (7-1-97)

v. First aid rooms shall be equipped with hot and cold running water or a means to heat water, and with a cot, blankets, and pillows. If both men and women are employed, a means shall be provided to furnish privacy for each. (7-1-97)

w. A stretcher, designed for and/or adaptable to the work locations and terrain, and two blankets kept in sanitary and serviceable condition shall be available where such conditions are a factor in the transportation of, and first aid to, an injured employee, inmate, or volunteer worker, subject to this standard. (7-1-97)

032. -- 039. (RESERVED)